

AFFIRMING FAITH MIND

THE GREAT WAY IS NOT DIFFICULT FOR THOSE WHO DO NOT PICK AND CHOOSE. WHEN LOVE AND HATE BOTH DISAPPEAR THE WAY STANDS CLEAR AND UNDISGUISED. BUT EVEN SLIGHTEST DISTINCTIONS MADE SET EARTH AND HEAVEN FAR APART. IF YOU WOULD CLEARLY SEE THE TRUTH BE NEITHER FOR NOR AGAINST. TO SET UP LIKES AND DISLIKES IS NOTHING BUT THE MIND'S DISEASE. AND NOT TO SEE THE WAY'S DEEP TRUTH DISTURBS THE MIND'S ESSENTIAL PEACE. THE WAY IS PERFECT LIKE VAST SPACE WHERE THERE'S NO LACK AND NO EXCESS. OUR CHOICE TO GRASP AND TO REJECT PREVENTS OUR SEEING THIS SIMPLE TRUTH. BOTH STRIVING FOR THE OUTER WORLD AS WELL AS FOR THE INNER VOID CONDEMN US TO ENTANGLED LIVES. BE SERENE IN THE ONENESS OF THINGS AND FALSE VIEWS VANISH BY THEMSELVES. ATTEMPTS TO STOP ACTIVITY WILL FILL YOU WITH ACTIVITY. REMAINING IN DUALITY YOU'LL NEVER KNOW OF ONENESS. AND NOT TO KNOW THIS SINGLE WAY LETS CONFLICT LEAD YOU FAR ASTRAY. WHEN YOU DENY THAT THINGS ARE REAL YOU MISS THEIR TRUE REALITY. AND TO DECLARE THAT THINGS ARE VOID ALSO DENIES REALITY. THE MORE YOU TALK AND THINK ON THIS THE FURTHER FROM THE TRUTH YOU'LL BE. CUT OFF ALL USELESS THOUGHTS AND WORDS AND THERE'S NOWHERE YOU CANNOT GO. RETURNING TO THE ROOT ITSELF YOU'LL FIND THE MEANING OF ALL THINGS. IF YOU PURSUE APPEARANCES YOU OVERLOOK THE PRIMAL SOURCE. AWAKENING IS TO GO BEYOND ALL EMPTINESS AS WELL AS FORM. ALL CHANGES IN THIS EMPTY WORLD SEEM REAL BECAUSE OF IGNORANCE. DO NOT GO SEARCHING FOR THE TRUTH ONLY CEASE TO CHERISH OPINIONS. REMAIN NOT IN DUALITY ABSTAIN FROM IT WITH EVERY CARE. IF THERE'S A TRACE OF RIGHT AND WRONG TRUE MIND IS LOST, CONFUSED, DISTRAUGHT. FROM ONE MIND COMES DUALITY BUT CLING NOT EVEN TO THIS ONE. WHEN A MIND EXISTS UNDISTURBED THEN NOTHING IN THE WORLD OFFENDS. AND WHEN NO THING CAN GIVE OFFENSE THEN THINGS AT ONCE CEASE TO EXIST. IF ALL THOUGHT-OBJECTS DISAPPEAR THE THINKING-SUBJECT DISAPPEARS. FOR THINGS ARE THINGS BECAUSE OF MIND AS MIND IS MIND BECAUSE OF THINGS. THESE TWO ARE REALLY JUST THE SAME AND ROOTED IN ONE EMPTINESS. IN EMPTINESS THESE ARE NOT TWO AND IN EACH ARE ALL WORLDS CONTAINED. ONCE COARSE AND FINE ARE SEEN NO MORE THEN HOW CAN THERE BE TAKING SIDES? THE GREAT WAY IS WITHOUT LIMIT BEYOND THE EASY AND THE HARD. BUT THOSE WHO HOLD TO NARROW VIEWS ARE

FEARFUL AND IRRESOLUTE THEIR FRANTIC HASTE JUST SLOWS THEM DOWN. IF YOU'RE ATTACHED TO ANYTHING YOU SURELY WILL GO FAR ASTRAY. JUST LET GO NOW OF CLINGING MIND AND THINGS ARE JUST AS THEY ARE IN ESSENCE NOTHING GOES OR STAYS. BE ONE WITH THE NATURE OF THINGS AND YOU'RE IN STEP WITH THE GREAT WAY THUS WALKING FREELY, UNDISTURBED. BUT LIVE IN BONDAGE TO YOUR THOUGHTS AND YOU WILL BE CONFUSED, UNCLEAR. THIS HEAVY BURDEN WEIGHS YOU DOWN O WHY KEEP JUDGING GOOD AND BAD? IF YOU WOULD WALK THE SINGLE WAY DO NOT REJECT THE SENSE DOMAIN. ACCEPTING THE WORLD OF SENSES CONFORMS WITH TRUE ENLIGHTENMENT. THE WISE DO NOT STRIVE AFTER GOALS BUT FOOLS THEMSELVES IN BONDAGE PUT. THE ONE WAY KNOWS NO DIFFERENCES THE FOOLISH CLING TO THIS AND THAT. TO SEEK GREAT MIND WITH THINKING MIND IS CERTAINLY A GREAT MISTAKE. FROM SMALL MIND COMES REST AND UNREST BUT MIND AWAKENED TRANSCENDS BOTH. DELUSIONS SPAWN DUALITIES THESE DREAMS ARE NAUGHT BUT FLOWERS OF AIR WHY WORK SO HARD AT GRASPING THEM? GAIN AND LOSS, RIGHT AND WRONG ONCE AND FOR ALL GET RID OF THEM. IF AN EYE NEVER FALLS ASLEEP ALL DREAMS WILL VANISH BY THEMSELVES. IF MIND DOES NOT DISCRIMINATE ALL THINGS ARE AS THEY ARE, AS ONE. TO GO TO THIS MYSTERIOUS SOURCE FREES US FROM ALL ENTANGLEMENTS. WHEN ALL IS SEEN WITH "EQUAL MIND" TO OUR SELF-NATURE WE RETURN. THIS SINGLE MIND GOES RIGHT BEYOND ALL REASONS AND COMPARISONS. STOP MOVEMENT AND THERE'S NO-MOVEMENT STOP REST AND NO-REST COMES INSTEAD. WHEN REST AND NO-REST CEASE TO BE THEN EVEN ONENESS DISAPPEARS. THIS ULTIMATE FINALITY'S BEYOND ALL LAWS, CAN'T BE DESCRIBED. WITH SINGLE MIND ONE WITH THE WAY ALL SELF-CENTERED STRIVINGS CEASE. DOUBTS AND CONFUSIONS DISAPPEAR AND SO TRUE FAITH PERVADES OUR LIFE. THERE IS NO THING THAT CLINGS TO US AND NOTHING THAT IS LEFT BEHIND. ALL'S SELF-REVEALING, VOID AND CLEAR THERE'S NO EXERTION, NO WASTE OF ENERGY. THOUGHTS CANNOT REACH THIS STATE OF TRUTH HERE FEELINGS ARE OF NO AVAIL. IN THIS TRUE WORLD OF EMPTINESS BOTH SELF AND OTHER ARE NO MORE. TO ENTER THIS TRUE EMPTY WORLD IMMEDIATELY AFFIRM "NOT TWO". IN THIS "NOT TWO" ALL IS THE SAME WITH NOTHING SEPARATE OR OUTSIDE. THE WISE IN ALL TIMES AND PLACES AWAKEN TO THIS PRIMAL TRUTH. THE WAY'S BEYOND ALL SPACE, ALL TIME ONE INSTANT IS TEN THOUSAND YEARS. NOT ONLY HERE, NOT ONLY THERE TRUTH'S RIGHT BEFORE YOUR VERY EYES. THE SMALLEST AND THE LARGEST FUSE FOR LENGTH AND

BREADTH DO NOT PERTAIN. THE LARGEST IS THE SMALLEST TOO HERE LIMITATIONS HAVE NO PLACE. WHAT IS IS NOT, WHAT IS NOT IS IF THIS IS NOT CLEAR TO YOU YOU'RE STILL FAR FROM THE INNER TRUTH. ONE THING IS ALL, ALL THINGS ARE ONE IF THIS IS ONLY REALIZED PERFECTION WILL NOT WORRY YOU. WHEN FAITH AND MIND ARE NOT SEPARATE AND NOT SEPARATE ARE MIND AND FAITH THIS IS WHERE ALL WORDS FAIL TO REACH. FOR HERE THERE IS NO YESTERDAY, NO TOMORROW, NO TODAY.

HEART SUTRA

MAKA HANNYA HARAMITA SHIN GYO

KAN JI ZAI BO SA GYO JIN HAN NYA HA RA MI TA JI SHO KEN GO UN KAI KU DO IS
SAI KU YAKU SHA RI SHI SHIKI FU I KU KU FU I SHIKI SHIKI SOKU ZE KU KU SOKU
ZE SHIKI JU SO GYO SHIKI YAKU BU NYO ZE SHA RI SHI ZE SHO HO KU SO FU SHO
FU METSU FU KU FU JO FU ZO FU GEN ZE KO KU CHU MU SHIKI MU JU SO GYO
SHIKI MU GEN NI BI ZETS SHIN NI MU SHIKI SHO KO MI SOKU HO MU GEN KAI NAI
SHI MU I SHIKI KAI MU MU MYO YAKU MU MU MYO JIN NAI SHI MU RO SHI YAKU
MU RO SHI JIN MU KU SHU METSU DO MU CHI YAKU MU TOKU I MU SHO TOK KO BO
DAI SAT TA E HAN NYA HA RA MI TA KO SHIN MU KE GE MU KE GE KO MU U KU FU
ON RI IS SAI TEN DO MU SO KU GYO NE HAN SAN ZE SHO BUTSU E HAN NYA HA RA
MI TA KO TOKU A NOKU TA RA SAN MYAKU SAN BO DAI KO CHI HAN NYA HA RA MI
TA ZE DAI SHIN SHU ZE DAI MYO SHU ZE MU JO SHU ZE MU TO DO SHU NO JO IS
SAI KU SHIN JITSU FU KO KO SETSU HAN NYA HA RA MI TA SHU SOKU SETSU SHU
WATSU GYA TE GYA TE HA RA GYA TE HARA SO GYA TE BO DHI SOWA KA HAN NYA
SHIN GYO

in English

THE BODHISATTVA OF COMPASSION FROM THE DEPTHS OF PRAJNA PARAMITA SAW THE EMPTINESS OF ALL FIVE SKANDHAS THUS SUNDERING THE BONDS THAT CAUSE SUFFERING. KNOW THEN: FORM IS NONE OTHER THAN EMPTINESS, EMPTINESS IS NONE OTHER THAN FORM. FORM IS EMPTINESS, EMPTINESS EXACTLY FORM. FEELING, THOUGHT, VOLITION, CONSCIOUSNESS ITSELF, ARE THE SAME AS THIS. KNOW THEN; DHARMA IS FUNDAMENTALLY EMPTINESS. NO BIRTH, NO DEATH. NOTHING IS DEFILED, NOTHING IS PURE. NOTHING CAN INCREASE, NOTHING CAN DECREASE. HENCE, IN EMPTINESS, NO FORM, NO FEELING, NO THOUGHT, NO VOLITION, NO CONSCIOUSNESS; NO EYES, NO EARS, NO NOSE, NO

TONGUE, NO BODY, NO MIND; NO SEEING, NO HEARING, NO SMELLING, NO TASTING, NO TOUCHING, NO THINKING; NO WORLD OF SIGHT, TO NO WORLD OF CONSCIOUSNESS; NO IGNORANCE, AND NO END TO IGNORANCE; TO NO OLD AGE AND DEATH AND NO END TO OLD AGE AND DEATH. NO SUFFERING, NO CRAVING, NO EXTINCTION, NO PATH; NO WISDOM, NO ATTAINMENT. INDEED, THERE IS NOTHING TO BE ATTAINED. THE BODHISATTVA RELIES ON PRAJNA PARAMITA WITH NO HINDRANCE IN THE MIND; NO HINDRANCE, THEREFORE NO FEAR. FAR BEYOND UPSIDE-DOWN VIEWS, AT LAST NIRVANA. ALL BUDDHAS OF PAST, PRESENT AND FUTURE TIME, THROUGH FAITH IN PRAJNA PARAMITA COME TO FULL AWAKENING. KNOW THEN: PRAJNA PARAMITA IS THE GREATEST DHARANI, THE PUREST DHARANI, THE SUPREME DHARANI, THE INCOMPARABLE DHARANI, IT COMPLETELY CLEARS ALL SUFFERING. THIS IS TRUE, NOT FALSE. HENCE PRAJNA PARAMITA IS PROCLAIMED. IT IS: GONE, GONE, GONE TO THE OTHER SHORE, LANDED AT THE OTHER SHORE. AWAKENED, HAIL!

FOUR BODHISATTVA VOWS

SHU JO MU HEN SEI GAN DO
BON NO MU JIN SEI GAN DAN
HO MON MU RYO SEI GAN GAKU
BUTSU DO MU JO SEI GAN JO

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ALL BEINGS WITHOUT NUMBER,
I VOW TO LIBERATE.
ENDLESS BLIND PASSIONS,
I VOW TO UPROOT.
DHARMA GATES, BEYOND MEASURE,
I VOW TO PENETRATE.
THE GREAT WAY OF BUDDHA,
I VOW TO ATTAIN.